

# TRANSFORM YOUR SMILE

A Comprehensive Guide to Veneers



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Stuck between Composite veneers or Porcelain veneers? Whether it be a full smile makeover or a cosmetic correction of a tooth, veneers are an exceptional option. This blog post will discuss everything you need to know about dental veneers. We will cover many topics. However, if you feel you need more information make sure you schedule a complimentary free consultation with one of our dentists.

Dental Veneers are thin shells that are permanently bonded to the surfaces of your teeth to improve their position, shape, and shade.

Veneers offer more than just a cosmetic makeover. They also provide a protective shield for the damaged tooth surface and may eliminate the need for more extensive treatments.

Porcelain and composite veneers are both effective ways to improve your smile and boost your confidence. However, they have different advantages and disadvantages that you should consider before making your decision.

Porcelain veneers are more durable, natural-looking, and versatile, but they are also more expensive, and irreversible. Composite veneers are more affordable, reversible, and repairable, but they are also less realistic, less resistant, and less suitable for severe cosmetic issues.

Ultimately, the choice between porcelain and composite veneers depends on your personal preference, budget, dental condition, and expectations.



# UNDERSTANDING PORCELAIN VENEERS

## BEFORE



## AFTER



Porcelain veneers are custom-made from high-quality porcelain that looks and feels like natural teeth. They are celebrated for their impressive toughness and ability to resist stains. They provide superior aesthetics and longevity and can last for 10 to 20 years with proper care.

They can fix a wide range of cosmetic problems, such as severe discolouration, uneven shape, or large gaps. They can also reflect light in a natural way, giving you a bright and beautiful smile.

Porcelain is one of the most robust materials available, making it an ideal choice for veneers. Porcelain is also a tough material, so it resists staining and discolouration. And because porcelain is a light-reflecting material, it gives your teeth a natural, healthy lustre.

Because they can improve the shape, size, colour, and alignment of your teeth, they are the perfect treatment if you are after a natural-looking and long-lasting solution for your smile.

GET IN TOUCH FOR YOUR 30 - MINUTE FREE VENEER CONSULTATION

*For more information, contact us at 03 9460 4922*

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# THE PROCESS INVOLVED

On the first visit, a tiny portion of the tooth surface, typically less than a millimetre is removed to make room for the veneers. After reshaping the teeth, an impression is taken and will be used to customise your veneers.



On your next visit, your dentist will try the veneers on the tooth to check fit and colour and will make adjustments if necessary. Once everything is perfect, the veneers are bonded onto the teeth. This appointment may take a couple of hours.



The veneers are then crafted in a dental laboratory to match the colour, size and shape of your natural teeth. While you wait for your veneers to be ready, your dentist will provide you with temporary veneers.



*You may experience some sensitivity to hot and cold drinks for a few days. This is normal and will subside within a few days. You may also notice that your bite feels different. This is because your veneers are slightly thicker than your natural teeth. You will get used to your new veneers within a few days. If you have any questions or concern, please contact our office. We are always happy to help*

# UNDERSTANDING COMPOSITE VENEERS



Composite veneers are made from a tooth--coloured resin material that is applied directly to your teeth and shaped into place in the dentist office. This procedure can usually be completed in a single visit as they will be manufactured in-house without the need of a laboratory.

They are hardened with a special light and polished to create a smooth, well polished surface. They are indeed a cost effective and easily repairable option to enhance your smile.



Composite veneers may not last as long as porcelain veneers. 5 to 10 years with proper care. They are cheaper than porcelain veneers and can be repaired or modified if needed. However, they won't match your natural tooth as porcelain veneers do and they are prone to stains and discoloration.

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# WHY CHOOSE US?



At Royal Parade Dental Clinic we are an experienced dental team that offers a range of orthodontic, general, and cosmetic dentistry services for the whole family.

we provide exceptional customer service with a professional environment to match.

To give you the perfect smile, we collaborate with our skilled ceramists and dental technicians to ensure the final result suits you beautifully

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We understand that every smile is unique. That's why we create personalised treatment plans tailored to your specific goals and preferences, ensuring optimal results.

We'll help you improve your oral hygiene and attain a healthy smile

The first step in getting your dental veneers is to schedule a consultation with one of our dentists to discuss your goals for treatment and your expectations.



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During the consultation, we will examine your mouth and take some Xrays to make sure you are in good health. If you decide to move forward with veneers, then an impression of your teeth as well as photos will be taken to create a customised treatment plan designed according to your needs.

You can expect a warm and inviting atmosphere when you walk inside our dental clinic

We're with you every step of the way throughout your dental journey

# CARING FOR YOUR DENTAL VENEERS

- Veneers, like natural teeth need regular cleaning to stay in good condition.
- Brush your teeth twice a day and floss daily. This helps prevent gum disease and decay of the natural teeth supporting your veneers.
- Regular professional cleans are crucial to remove tartar and keep your gums healthy. On your routine dental check up, your dentist will examine your veneers and overall oral health.
- Avoid biting down on hard foods with your veneers to prevent fracture or chipping. Porcelain veneers are strong and durable. As with your natural teeth, biting and chewing on non food objects or ice will always increase the risk of chipping your veneers. With proper care, your veneers will stay beautiful for years to come.
- Try to limit foods that can stain your teeth like coffee, tea, red wine and tobacco. Porcelain veneers resist stains but the resin cement used to bond them may discolour over time.
- Wear a mouth guard if you play contact sports or grind your teeth at night. Wearing a custom mouth guard will help protect your veneers
- Treat veneers like natural teeth and look after them as much as you look after your natural teeth.
- By following these simple steps, you can ensure that your dental veneers will last many years.

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